

Sunnybrook Catch & Release



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The Monthly Newsletter of Sunnybrook Trout Club – September 2017

Great Fall Fishing is on the Horizon

Fall is one of the most beautiful times of the year. The grass begins its second growing season and takes on a rich green hue that was not present during the dry hot summer. Our oak, hickory and maple trees begin their metamorphous, with their leaves turning vibrant red, yellow and orange. And is it just my imagination, or is the sky a deeper blue? The combination of these creates an impressive palette that makes it a joy to spend an afternoon outdoors.

A beautiful setting is not the only reason to spend an afternoon at the club. Fall fishing is outstanding! Members can almost be assured of a successful day along the stream. Shorter daylight hours and cooler evenings are an instinctive signal to the trout that a change is on the horizon. They begin to feed more aggressively throughout the day in preparation of the leaner days ahead.

Be certain to set some time aside to enjoy the wonders of Sunnybrook this fall.



FISHING REPORT – The changing seasons signal a change in the fisherman's approach.

Larger flies can be extremely effective as opportunistic trout are looking for a big meal. Hoppers are notoriously effective when fished from mid morning to late afternoon.

As leaves begin to fall, a smorgasborg of beetles and ants fall into the water with the leaves. Be certain to have several of these patterns in your vest.

The window of opportunity expands greatly, as fish begin to feed throughout all hours of the day. This is especially true as we get later into the fall.

Egg patterns also take on a renewed importance. Spawning fish will be placing roe in the stream and sucker spawn or weighted egg patterns fished downstream from the redds will surely produce.



SUNNYBROOK FLY SHOP - The Sunnybrook Fly Shop is well stocked with all the patterns members need to be successful. We carry a complete line of dries, wets, nymphs, streamers and soft hackles. A new black, red or yellow foam beetle with white rubber legs has been an especially popular choice. A new mini wooly bugger has also been added to our selection. It's a size 14 and comes in black, white or olive. Several members have told me they have been successful with these smaller versions of a club favorite. Check them out!

A new supply of the embroidered Florida Flats fly fishing shirt has been received. This attractive and functional shirt has been a club favorite over the years. It features easy care, wrinkle free cotton/polyester fabric, vented back and the Sunnybrook logo embroidered on the left chest.

I've also stocked two new t-shirts with screen printing on front and back. One of the shirts has "**Sunnybrook: The reel thing**" as its motif and the other has "**Come fly with me**" as its design.





NEW GOLF CART FOR MEMBER USE – There are an increasing number of members that need use of a golf cart for various medical and age related issues (myself included). The two golf carts the club owns are used by our workers for grounds related maintenance. It got to the point that I was lending out these carts so much that it was interfering with their work.

The solution was simple...buy a new cart. The club made a sizeable investment to purchase the cart and we will be charging a nominal fee to help offset this cost. Members can reserve the cart for the day for \$15.00. Call in advance if you know you will be needing the cart. This will guarantee it is available for you.

UPCOMING EVENTS – Two club activities are on the calendar for the upcoming fall season.



SUNNYBROOK CHILI COOK-OFF

On Sunday October 22, we will be hosting a Chili Cook-off and Fall Beer Tasting. Last year was our first time hosting this event and it was a successful afternoon. For that afternoon, Sunnybrook provided all the chili recipes. This year we intend to change the format slightly and invite our members to compete. A \$100.00 cash prize will be awarded to the winner. If any of our members have a favorite recipe and would like to participate, contact the club.



Our annual Wine Tasting Dinner is scheduled for Saturday November 11th. For 2 ½ hours members

will be treated to a delicious buffet style dinner and unlimited wine sampling. Rooms will be available in Farrell House Lodge for members that wish to turn it into a weekend get away.

Both events are several months out yet and full details will follow in later newsletters.

LUNCH HOURS – During September and October, lunch will be served daily, except Tuesday, from 11:30-1:30. No reservations are necessary if you are a party of 4 or less. Groups of 5 or more, please give us advance notice so we can be prepared.

TWILIGHT GUEST FEE – A special rate of \$25.00 is in effect for your guests that fish the evening hours from 6:00 to dusk. When you record your guest on the sign in sheet in the bar, be certain to indicate “twilight rate” so I know to bill the reduced fee.

REMEMBERING CHUCK TEAGARDEN – I’m in the process of creating a memorial to Chuck. He was such an important part of Sunnybrook for so many years that it seems fitting a small part of the grounds be dedicated to him. I’ve ordered some decorative lawn furniture and Ken and I are designing a planting along the stream near the library pool in his honor.

Many members have come to me expressing an interest in being part of just such a gesture. If you are inclined to participate, donations may be sent to the club.

CONTACT INFORMATION UPDATE – Every month members are e-mailed a copy of the club’s newsletter. Periodic updates are also sent out informing members of activities at the club. This is a vital method of keeping members informed. It’s necessary that I have a current e-mail address for all members.

If you are not receiving these broadcasts, the club does not have your correct e-mail information. Please take a minute to e-mail the club at sunnybrooktroutclub@yahoo.com with your current address and I will see that you are added to our mailing list.

LOST & FOUND - I have accumulated quite a collection of hemostats, sunglasses, fly boxes and other fishing related paraphenilia that have been lost on the grounds. If any of these items might be yours, stop by my office to check out our lost & found.